

## Weekly Bulletin for Families

#### Message from the Head of School

I hope you all enjoyed a restful and safe half term week. I know that all the staff certainly needed some time to rest and recharge ready for the term ahead and I'm sure your children were the same.

This half term will hopefully see all of our children back on site with the reopening of school to all. We wait for the announcement later today but in the meantime we are currently planning for when we will be open to all and will send information about bubble times and Covid safe information to you all as soon as we can via parentmail. We are looking forward to having everyone back in school and getting back to some form of normality, it certainly feels like the control of this pandemic is now in sight which is hopeful.



Mrs L Thompson Head of School

We will of course be continuing to use Seesaw in school as our platform for sharing the children's work. For those of you who have borrowed IT equipment from school we will also send out information about how and when to return these once we are all back in school.

As we start a new month we are looking forward to events in school that we enjoy celebrating. We will be celebrating Red Nose Day, you will receive a parent mail about how to purchase red nose merchandise, which will be organised via parent pay and items delivered to your child. We are also looking forward to World Book Day, even though we know this lands on a day when we will still be teaching remotely, for most children this is not going to stop us enjoying a fun day of reading activities and celebrations, more information will follow from Mrs Collins and Mrs Hockley.

#### Mrs L Thompson, Head of School

#### Children and staff recognition

My recognition this week goes to all of the cleaning staff who keep us safe and clean! We have two day time cleaners (Jade and Marya) and we have seven evening cleaners (Reece, Anne, Les, Steve, Kieran, Emma, Sarah).

I would also like to thank Kieran for his caretaker role of opening and closing SET Causton everyday. I would also like to recognise James, our site manager, who is here everyday to help manage the site and any issues which arise.

And thank you everyone, as we could not do it without you and your hard work.

Miss J Urey, Deputy Head of School

#### What has been happening in school?

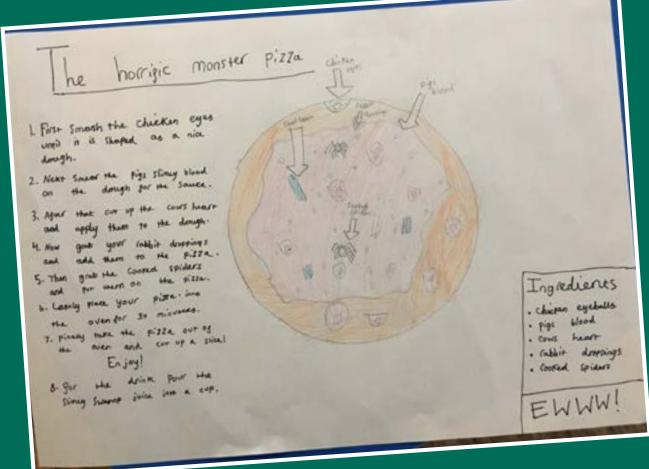
KSI Story maps

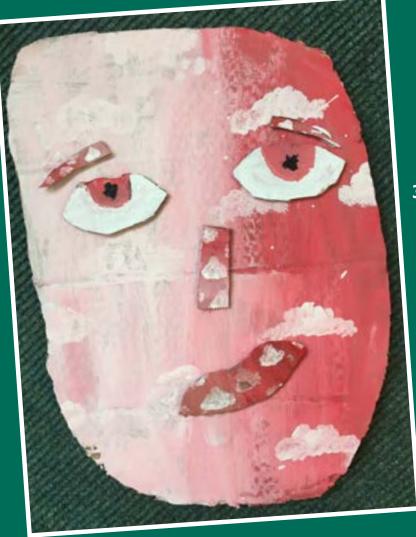




KS2
Making gases in
Years 3 and 4

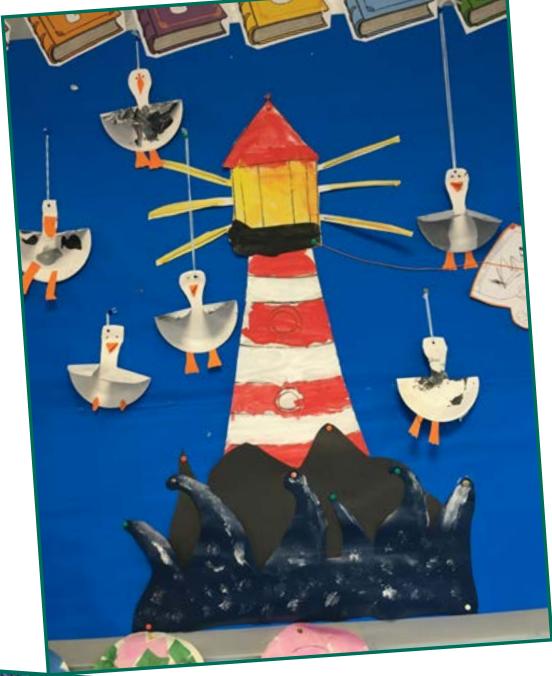
#### Monster pizza recipe





3D mask

#### **Goldcrests** Lighthouse





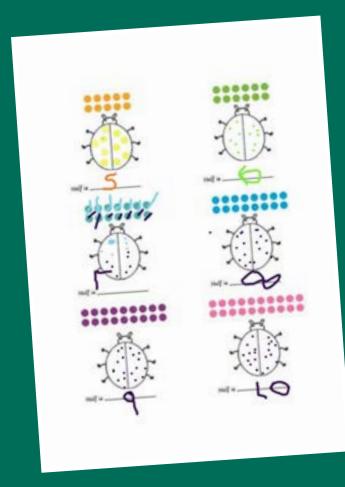
Fun in the snow!

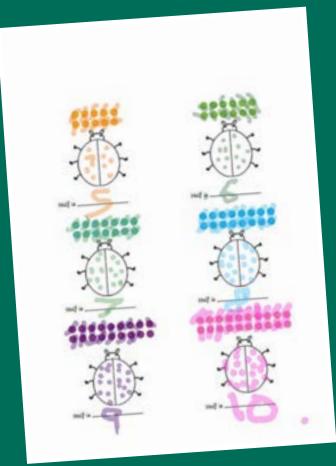
#### **Remote Learning**

Reception - letter formation and reading







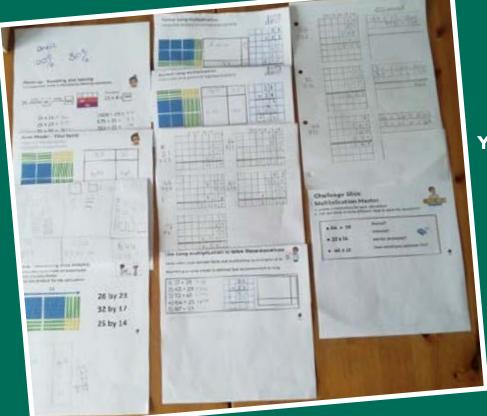


#### Times tables challenges



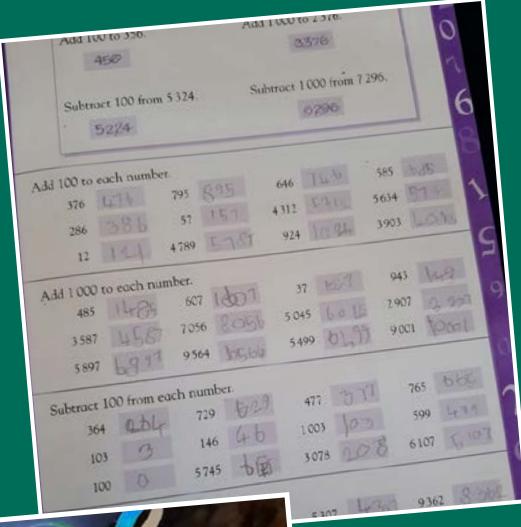


Year 3 Science work



Year 5 Maths work

#### Robins Maths work





Crazy sock puppets in Goldcrests

#### Parents information

Please see the link with some tips from Triple P Parenting Programme to help with COVID stress and home schooling. https://www.triplepparenting.uk.net/uk/hot-parenting-topics/my-child/and-school-life/. If you have any top tips which are really helping you and your child at this time, please email me and let me know and I will share with others who may be finding things difficult. It would be great to hear things that are really working and your success stories of getting through the last few weeks!

If you would like a template for a timetable to help with keeping a routine at home, please let me know and we can make one available to you on Parentmail or via email. Keeping a routine for the day during lockdown is a really important way to help with stress and anxiety at home. Being cooped up together all the time is very challenging and this lockdown has proven to be more difficult for a lot of people than the last time.

If you would like to speak to me or one of the Pastoral Team please phone or email.

**Best Wishes** 

**Helen Brunning** Pastoral Support Manager & Safeguarding Lead pastoralsupportmanager@maidstoneandcauston.org Tel - 07713093692

### Safeguarding note:

Parents are being warned over the dangers of a popular chat website called Omegle. We feel this site is unsafe for students to access.

Omegle is a virtual chat room that video links users with random people all over the world. Its slogan is 'talk to strangers'. There has been a parent mail sent out today with key information regarding this site, please take some time to look at this with your child.

# Self-Care & Mental Health



## Tips for Kids

Share your own feelings to encourage selfawareness.

Kecognize toxic stress events.

Practice self-care

for yourself to set the standard.

Cultivate interests and hobbies.

Set aside time for low stress or solo activities.

Encourage

journaling and writing.

> Encourage them to focus on

> > the moment.

BlessingManifesting



groups that help them feel like they belong.

> ticulating feelings.

am angry. " am sad.

Establish a

self-care routine.

#### Lockdown competitions!

The first is for KSI children:

Please read and respond to this poem, What Is Pink? by Christina Rossetti either with a piece of art (post to SET Causton Junior School, Maidstone Road, Felixstowe, Suffolk IP11 9ED) or write your own poem in this style and email to: caustonadmin@maidstoneandcauston.org FAO Mrs Hockley, by the deadline of 1st March 2021.

Please see the next page for our second - a Trust-wide competition for KS2 to enter.

#### **Good Luck everyone!**

# What Is Pink? by Christina Rossetti

What is pink? A rose is pink By the fountain's brink. What is red? A poppy's red In its barley bed. What is blue? The sky is blue Where the clouds float through. What is white? A swan is white Sailing in the light. What is yellow? Pears are yellow, Rich and ripe and mellow. What is green? The grass is green, With small flowers between. What is violet? Clouds are violet In the summer twilight. What is orange? Why, an orange, Just an orange!



### **Lockdown** Poetry and Song Writing Competition

'Poetry is when an emotion has found its thought and the thought has found words.' Robert Frost

Seckford Education Trust is inviting you to express your thoughts, feelings and Lockdown experiences through the medium of poetry or song.

Your poem, or song, must not exceed 30 lines.

We will award prizes in each of the following categories: KS2, KS3 and KS4.

The winning entry will be judged on the following criteria:

- Imagination
- Originality
- Flair

#### **Top Tips:**

- Read lots! The poet laureate, Simon Armitage, wrote this poem inspired by Lockdown: https://www.simonarmitage.com/wp-content/uploads/Lockdown-by-Simon-Armitage.pdf
- Poetry should be heard. Think about how your poem will sound when it's read aloud. You can
  listen to lots of different poems here: https://childrens.poetryarchive.org/
- Samuel Taylor Coleridge once said that, 'poetry is the best words in the best order.' Your poem doesn't have to rhyme, but you must think carefully about the words you choose. Make sure each and every one serves a purpose.

All entries should be emailed to amellor@seckfordeducation.org.uk by the deadline of 1st March 2021

Good luck!

**Abby Mellor** 

Lead Practitioner for English Seckford Education Trust







